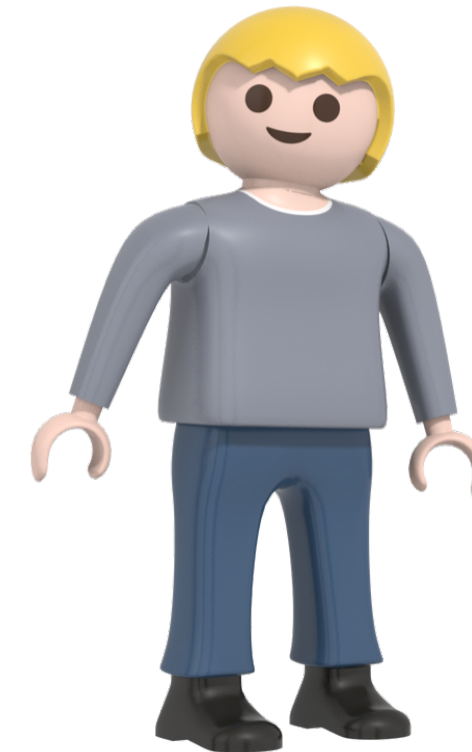


Training Needs Analysis

Completed by 439 workforce members
across children and young people's services
in Liverpool.





FREE training for people in Liverpool working with children and young people in employment, as a volunteer, or as a foster carer.

For a full list of courses [click here](#)

Whole School Approach News

Over the past six months, working with the CAMHS partnership, a process of mapping the mental health support services currently offered to children, young people and their families through schools has taken place.

Input has been received from schools, parents/carers as well as young people who have all helped to shape this piece of work. We will be to present this pathway model for schools at the [Education Conference](#) on 18 October.

Working groups have now been formed to ensure all work to

SIGN UP TO OUR NEWSLETTER

Email Address

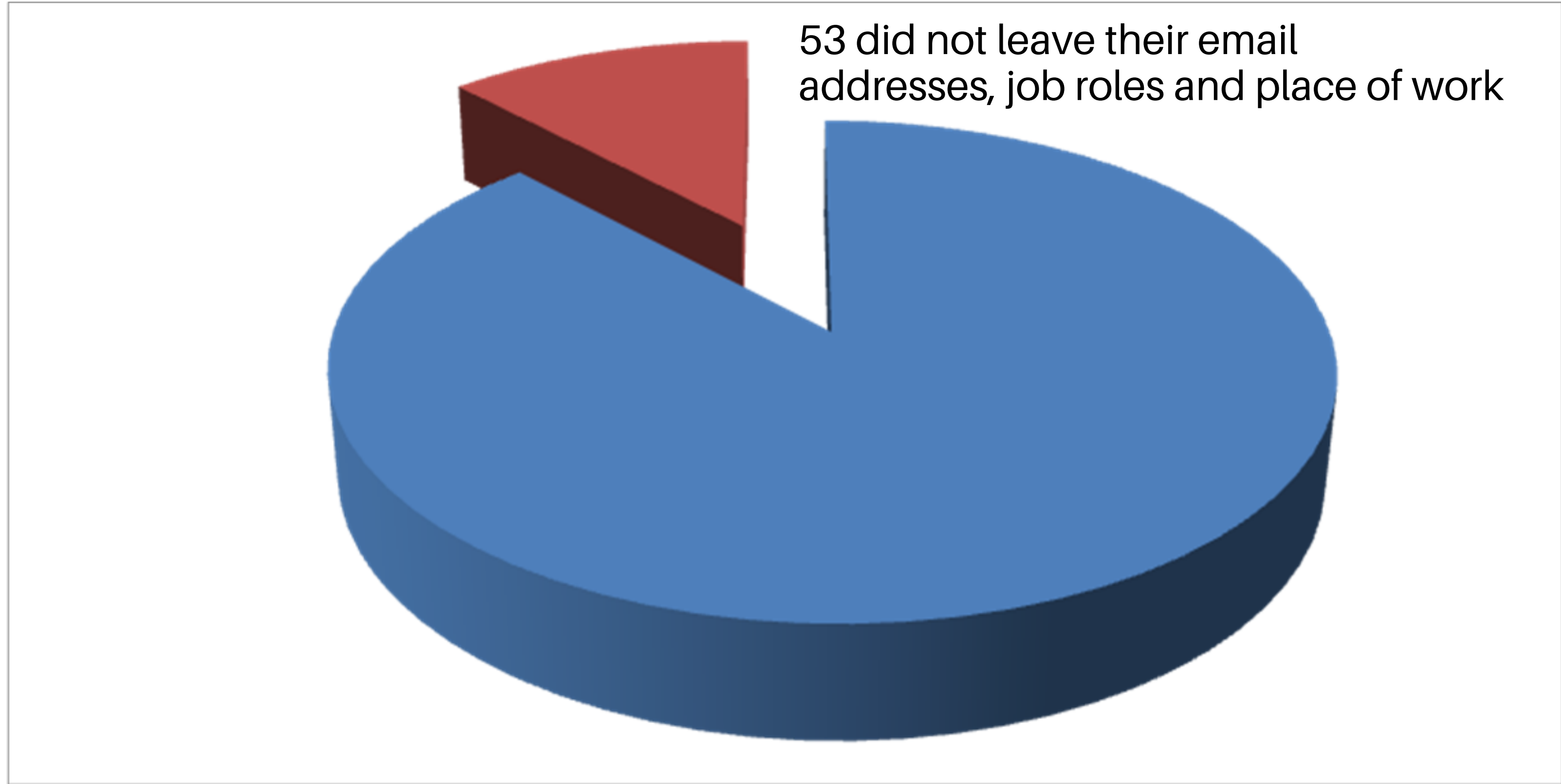
Subscribe

OUR AUDIENCES

We have a database of 6,000 contacts who are regularly contacted through the RAISE Team, with a monthly newsletter with sections aimed at the children and young people's workforce, parents and carers and children and young people.

Staff were asked to complete a Training Needs Analysis

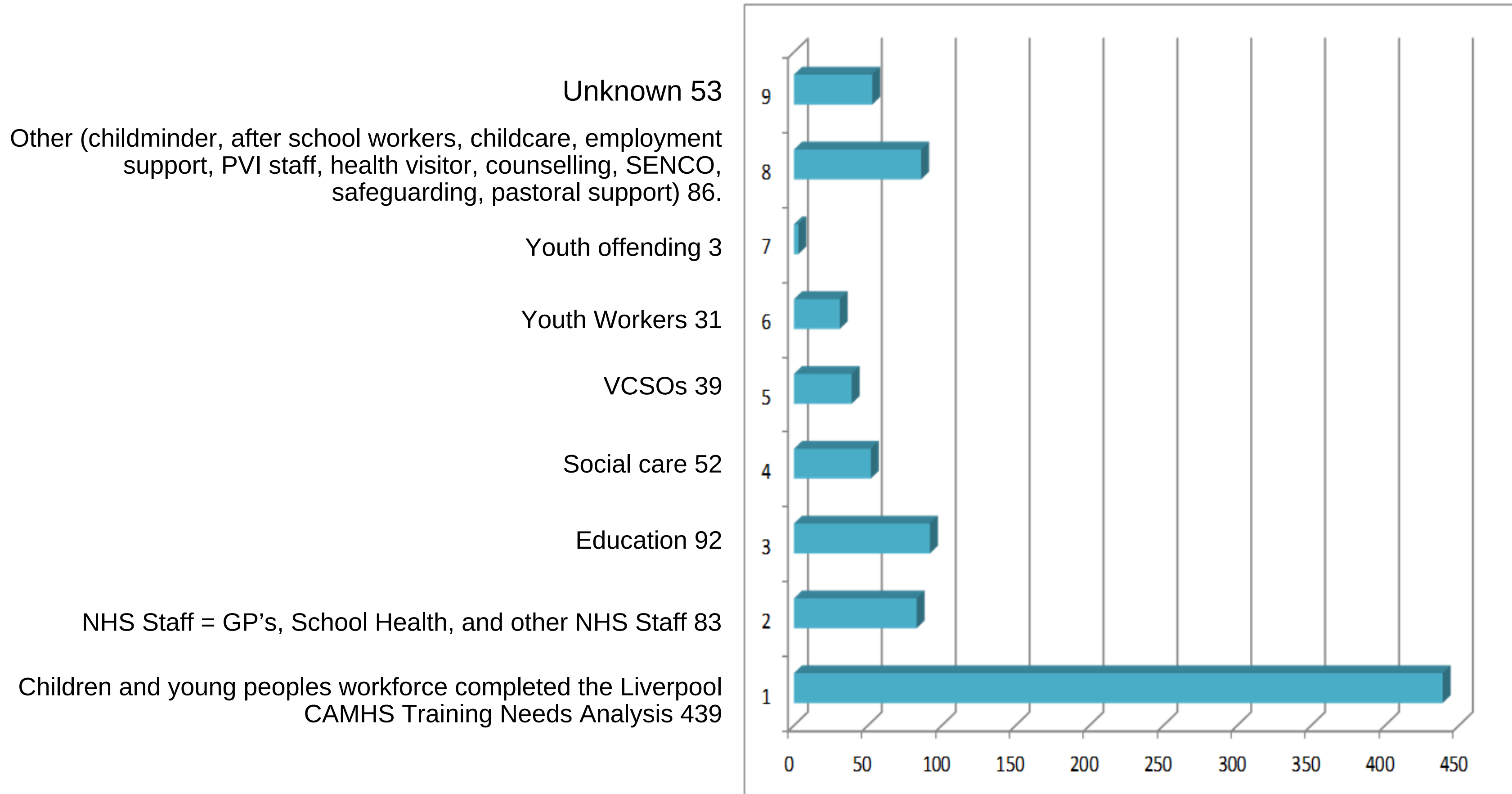
How many left contact details?



386 Left their email address and job roles and place of work

53 did not leave their email addresses, job roles and place of work

Who completed the Training Needs Analysis?



Top grouped questions answered

					Answered	Skips	
Behaviour	Anxiety	Mood	Relationship Difficulties	Development Problems	Behaviour	396 /439	43
ADHD	GAD	Depression	Attachment Difficulties	Not meeting milestones	Anxiety	388/439	51
Conduct Disorder	OCD	Extremes of Mood	Family Difficulties	Neurodevelopment	Mood	364/439	75
Drug & Alcohol	<u>Selective Mutism</u>		Peer Relationships	Speech & Language Difficulties	Relationship Difficulties	354/439	85
Risk to others	Unexplained Physical Symptoms		Emerging Personality Disorder		Developmental Problems	324/439	115
					Each Group had a subset of issues		

Sub headings: Score

Anxiety - Anxiety	347 /439
Depression - Mood	317 / 439
Conduct Disorder – Behavioural	316 /439
ADHD - Behavioural	316 / 439
Self Harm - Self Harm	309 / 439
Extremes of mood - Difficulties with mood	291 /439
Suicidal Feelings - Suicide	282 /439
Family Relationship Difficulties - Relationship difficulties	270 /439
Peer Relationships – Relationship difficulties	265 /439
OCD - Anxiety / Attachment - Relationship	248 / 439 244

Weighted Rank. We asked people to prioritise their five concerning issues using a sliding scale to rank issues in order.

434 people out of 439 answered this question.

1 st Position	Anxiety
2 nd Position	Difficulties with mood
3 rd Position	Self Harm
4 th Position	Suicidal Thoughts
5 th Position	Behavioural Difficulties
6 th Position	Development Problems
7 th Position	Eating Problems
8 th Position	Psychosis
9 th Position	Parenting
10 th Position	Relationship Difficulties / Attachment

Delegates were asked to think more broadly than medicalised language and a range of 26 subjects were offered.

412 people answered this question out of 439

Behaviour as communication	273 /439	Emotional Literacy	175 /439
Anger Awareness	261/439	Trauma Awareness – Bullying	166 /439
Mental Health Needs of LAC	213 /439	Transition from CAMHS to AMHS	156 /439
Mental Health and Learning Disabilities	213 /439	Speech and Language Awareness	156 /439
Trauma and Domestic Violence	197 /439	Trauma Awareness	148/439
Attachment and Neuroscience	194 /439	Mental Health Needs of Young Offenders	145/439
Bereavement and Loss	193 / 439	Supportive Listening Skills	142/439
Sexually inappropriate behaviour	192 /439	Working with children and young people who are asylum seekers	129/439

Homophobic Bullying	126/439
Trauma – Hate Crime	117/439
Trauma – Asylum Seekers	115 /439
Identity	107 /439
Cultural Competency	104 /439
Working with interpreters	86/439
Others (Inc: parental mental distress, emerging personality disorder, stress, young carers)	22/439

Anxiety

347/439

"My work involves working with vulnerable parents and children under five who are experiencing poverty, domestic abuse, high levels of crime inc gun crime, post natal depression, teenage parents with a high levels of child in need and child protection cases"



"I am overwhelmed by the numbers of young people who display anxiety, there are far too many pressures for young people and they cant cope and so become very anxious and then you see the self harm, eating problems, withdrawal, alcohol, aggression, bullying its never ending and they need good support."

Depression / Low Mood 317 /439

"Post-natal depression is a frequent problem encountered in our work as health visitors. In my experience in recent years there are a few patients who will be eligible for a mental health practitioner (CPN) for support ... and I worry about the children"

ADHD 316/439

"Bereavement and separation issues do not discriminate when it comes to ADHD or other difficulties. Challenging behaviour may result following a bereavement or significant loss. Many of the children who come through our service are referred by schools who are seeing changes in behaviour. It is important that we as a service know as much as we can to help the children we are there to support."

Conduct Disorder 316/439

"Some clients present with these issues and many have missed a diagnosis when younger and have then been wrongly punished for behavioural difficulties when, if spotted earlier would have had a different impact on them and their development."

Self Harm 309/439

What I need is support how do I deal with this, I know of about 20 young people who do this - should they all be referred to CAMHS? Is there something that we can do?

Extremes of Mood / Difficulties with Mood 291/439

"I engage with around 10-15 young people a week. Some of these young people have very complex needs and sometimes present extremes of moods. I would therefore like more training in order to inform my knowledge and support these young people".

"Most common presentation... increasingly seen in my practice."

Suicide 282/439

Adjustment Issues

"I work with a 9 year old and when he is low he says he wishes he was dead."

"I have had a number of young people disclose to me suicidal thoughts, these young people have always been signposted to the appropriate service or members of staff. However I would like to get a basic understanding and training of how to manage these situations."

"I work with young people who's parents are drug addicts and alcoholics and they become young carers."

"We deliver domestic abuse recovery programs and many service users exhibit signs of trauma and stress following historic domestic abuse."

Relationship Difficulties

“Vulnerability is a key factor with people who have ASD, life experiences tend to be negative, harmful, cruel and difficult, having knowledge on how best to identify and support individuals or at least know of services which can support them.”

Development Problems 282/439

“Need help with young people who have speech and language delay”

“I work closely with children with ASD but have no formal training regarding how to manage associated difficulties and co-morbidity. All my learning has been self-directed. I would really benefit from formal training.”

“More children come into school unable to use the toilet.”

Relationship Difficulties

“Vulnerability is a key factor with people who have ASD, life experiences tend to be negative, harmful, cruel and difficult, having knowledge on how best to identify and support individuals or at least know of services which can support them.”

Development Problems 282/439

“Need help with young people who have speech and language delay”

“I work closely with children with ASD but have no formal training regarding how to manage associated difficulties and co-morbidity. All my learning has been self-directed. I would really benefit from formal training.”

“More children come into school unable to use the toilet.”

21/11/2019 14:00 pm	Whole School Approaches Network Meeting Liverpool Clinical Commissioning Group, Liverpool
18/10/2019 08:45 am	Education in Mind ACC Liverpool, Liverpool
14/10/2019 13:00 pm	Child Development in Adversity & Trauma Fresh CAMHS Lecture Theatre, Liverpool
25/09/2019 09:30 am	Eating Disorders: Anorexia Nervosa, Bulimia Nervosa and Binge Eating Disorder Institute In the Park, Liverpool
16/09/2019 13:00 pm	Getting serious about suicide conference Epstein Theatre, Liverpool
12/08/2019 13:30 pm	Understanding & Managing Challenging Behaviours Institute In the Park, Liverpool
24/07/2019 09:30 am	Eating Disorders: Anorexia Nervosa, Bulimia Nervosa and Binge Eating Disorder Institute In the Park, Liverpool
16/07/2019 13:00 pm	Behaviour as Communication Merseyside Youth Association Ltd, Liverpool
16/07/2019 09:30 am	Children and Young People's Mental Health and Technology Merseyside Youth Association Ltd, Liverpool

Ongoing
programmeme
of training
opportunities



Liverpool CAMHS

mental health is everyone's business



TRAINING NEEDS ANALYSIS - DRAWN UP WITH CAMHS PARTNERS

Led by MYA
Special thanks to Alder Hey CAMHS

For updated training please see:

www.liverpoolCAMHS.com
Damian Hart